

CHAD MILLBERRY, CPRS

Certified Peer Recovery Specialist | Lead Case Manager

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PROFESSIONAL SUMMARY

Certified Peer Recovery Specialist and Lead Case Manager with experience supporting individuals with substance use disorders in structured **ASAM 3.1 behavioral health settings**. Skilled in peer recovery support, case management, individual and group facilitation, clinical documentation, relapse prevention, client advocacy, resource coordination, program procedures, and independent-living preparation. Brings **four years of personal recovery experience** and serves as a sponsor/mentor to men in Narcotics Anonymous.

CORE SKILLS

- Peer Recovery Support & Coaching
- ASAM 3.1 Programming
- Relapse Prevention
- Program Procedures & Compliance
- Independent Living Skills
- CBT & Recovery-Based Interventions
- Lead Case Management
- Individual & Group Facilitation
- Clinical & Case Documentation
- Behavioral Contracts & Accountability
- Community Resource Navigation
- Crisis Support & De-escalation
- Substance Use Disorder Treatment
- Recovery Planning & Goal Setting
- Client Advocacy & Care Coordination
- Employment & Housing Support
- Motivational Interviewing Concepts
- Trauma-Informed & Person-Centered Care

PROFESSIONAL EXPERIENCE

Anchor Treatment Center – Westminster, MD – CPRS / Lead Case Manager | 2023–Present

- Provide peer recovery support and case management to individuals with substance use disorders in a structured behavioral health environment.
- Support clients with recovery goals involving employment, housing, transportation, finances, legal obligations, benefits, life skills, and continuing care.
- Facilitate individual and group recovery sessions addressing relapse prevention, coping skills, emotional regulation, accountability, decision-making, and personal growth.
- Complete professional case management, peer support, progress, behavioral, and treatment-related documentation.
- Implement program procedures, behavioral expectations, client agreements, and accountability measures while coordinating community resources.
- Collaborate with clinical and program staff regarding client progress, barriers, treatment needs, and recovery planning.

The Reprieve – Hampstead, MD – CPRS / Lead Case Manager | 2025–Present

- Provide peer recovery and case management services within an ASAM 3.1 structured treatment setting.
- Facilitate individual and group sessions focused on recovery skills, relapse prevention, emotional regulation, decision-making, accountability, and personal development.
- Assist clients with housing, employment, transportation, financial stability, community resources, and transition planning.
- Complete peer recovery, case management, progress, behavioral contract, and client-related documentation.
- Reinforce program policies, residential expectations, and client accountability while supporting clients in identifying triggers, developing coping strategies, and utilizing sober supports.

PROFESSIONAL EXPERIENCE – CONTINUED

Mulligan Treatment Center – Westminster, MD – Behavioral Health Technician | 2023

- Provided direct support to individuals receiving substance use and behavioral health treatment.
- Maintained a safe, structured, and supportive treatment environment while reinforcing program expectations.
- Monitored client behavior and communicated relevant observations to clinical and treatment staff.
- Supported daily programming, groups, routines, and treatment activities.
- Developed professional relationships with clients while maintaining appropriate boundaries and accountability.

Mountain Manor – Sykesville, MD – Behavioral Health Technician | 2022–2023

- Provided direct care and support to individuals receiving substance use disorder treatment.
- Assisted with daily programming, client routines, groups, and facility expectations.
- Monitored client behavior and communicated concerns and observations to treatment staff.
- Supported a structured, safe, and recovery-oriented treatment environment.
- Developed foundational experience in addiction treatment, behavioral health, recovery support, and multidisciplinary care.

PEER RECOVERY & LIVED EXPERIENCE

Personal Recovery Experience – 4 Years

- Four years of personal recovery experience providing lived-experience perspective when supporting individuals with substance use disorders.
- Serve as a sponsor and mentor to men in Narcotics Anonymous (NA).
- Provide peer mentorship, encouragement, accountability, and recovery-oriented support.
- Help individuals identify recovery goals, recognize triggers, develop coping strategies, and strengthen sober support networks.
- Model personal accountability, service, continued growth, and commitment to long-term recovery.

PROFESSIONAL STRENGTHS

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| • Recovery-Oriented Leadership | • Strong Communication & Rapport Building | • Client Advocacy |
| • Professional Documentation | • Team Collaboration | • Conflict Resolution |
| • Problem-Solving | • Motivational Support | • Ethical Peer Support |
| • Professional Boundaries | • Client-Centered Care | • Addiction & Recovery Knowledge |

REFERENCES

Available upon request